

Client Centered Parts Therapy - 2-DAY WORKSHOP

Presented by: Dr. Roy Hunter, Ph.D., FAPHP

When: 14th & 15th September 2012

Where: Bahrain

Contact: Esho Funi Consultants

Dr. Puja Taneja Malhotra

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WHY should YOU spend two days learning parts therapy from Dr. Roy Hunter

How can you effectively help the client who struggles with an inner conflict? PARTS THERAPY is often the best technique for lasting results! When a client fails to respond to regression therapy, that client may be a prime candidate for parts therapy or one of its variations.

Some professionals already employ this profoundly beneficial technique taught and practiced by the late Charles Tebbetts. When competently facilitated, parts therapy often helps people get past barriers when other techniques are insufficient. However, there are pitfalls that must be avoided in order to maximize results for your clients.

This workshop is experiential, and is a MUST for anyone not totally familiar with parts therapy or one of its variations. Dr. Roy Hunter, your facilitator, is the published author of two hypnosis texts based on the teachings of the late Charles Tebbetts, as well as Hypnosis for Inner Conflict Resolution: Introducing Parts Therapy (2005, Crown House Publishing).

All who attend will receive a participant workbook.

WHAT you will learn...

- What parts therapy is
- When to use parts therapy
- Why parts therapy is best for some clients
- How to use parts therapy (complete step-by-step process)
- How to explain parts therapy to your clients, and why such explanation is needed
- Why it is so important to be an objective mediator
- How to avoid inappropriate leading, and the potential consequences of not doing so
- Why Dr. Roy Hunter added important updates on the Tebbetts Methods
- How to avoid common pitfalls that could put clients farther away from success
- Participants will have break-away practice sessions.

Register early for Early Bird benefits...

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ABOUT your instructor...

Dr. Roy Hunter is the published author of several books, and an experienced trainer recognized Internationally with a strong background in hypnotherapy. Hypnosis for Inner Conflict Resolution: Introducing Parts Therapy (Crown House Publishing, 2005) is considered by many professionals to be the best parts therapy book available. In addition to teaching professional hypnosis and advanced techniques to professionals, he also teaches self-hypnosis and Creative Daydreaming to groups and clients for personal or professional motivation, and has a private practice.

Dr. Roy's presentations include numerous workshops both in the USA and abroad, for groups and businesses as well as for international hypnosis conventions. Besides practicing hypnotherapy since 1983, Dr. Roy started teaching professional hypnotherapy in 1987.

His hypnosis text, The Art of Hypnosis (3rd Edition, 2010, Crown House Publishing), is required reading at many hypnosis schools around the world, as well as his advanced text: The Art of Hypnotherapy (4th Edition, 2010, Crown House Publishing).

The professional hypnosis training course Dr. Roy wrote and developed is currently taught by other instructors. Dr. Roy was inducted into the International Hypnosis Hall of Fame in April, 2000 for his written contributions to the field of hypnotherapy, and is a Fellow and charter member of the Association of Professional Hypnosis and Psychotherapy.

Dr. Roy Hunter's Professional Honors

- 1990 "Voice of the Year," International Hypnosis Hall of Fame
- 1991 Outstanding Service Award, National Guild of Hypnotists
- 1990-1993 Chapter Founding President Award, Pacific Northwest Chapter of N.G.H.
- 1993 Dedication Award, International Hypnosis Hall of Fame
- 1994 Service Award, International Hypnosis Hall of Fame
- 1995 Outstanding Service Award, International Hypnosis Hall of Fame
- 1996 Thomas A. Raffa Memorial Award for Outstanding Professional Achievements and Pursuit of Excellence in the profession
- 1998 Teamwork Award, International Medical and Dental Hypnotherapy Assoc.
- 2000 Induction as "Author" into the International Hypnosis Hall of Fame
- 2000 Charles Tebbetts Memorial Award, American Council of Hypnotist Examiners
- 2001 Charles Tebbetts Award, National Guild of Hypnotists
- 2004 Outstanding Clinical Contribution Award, National Association of Transpersonal Hypnotherapy
- 2005 "Order of Braid" Award in recognition of a life time of outstanding achievement, dedication and service, National Guild of Hypnotists
- 2007 Lifetime Achievement Award, National Association of Transpersonal Hypnotherapy
- 2009 Best Overall Presenter, New Zealand Hypnotherapy Federation, 16th Conference
- 2010 Pen and Quill Award, International Medical and Dental Hypnotherapy Association
- 2011 Life Fellow Award, International Medical and Dental Hypnotherapy Association

Dr. Roy is an Internationally Recognized Authority in the Hypnosis Field.

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Workshop Details...

- **Overview**
What Is Parts Therapy? When Is Parts Therapy Appropriate? Who Will Most Likely Respond? Why Is Client-Centered Parts Therapy Effective? Variations; Who Was Charles Tebbetts? Article written by Charles Tebbetts; Important Updates
- **Important Background Information**
The Four Primary Hypnotherapy Objectives; Which Hypnotherapy Objectives Can Parts Therapy Fulfil? Why Training in Regression Therapy is a Prerequisite; Psychodynamics and Ideomotor Responding
- **Proper Preparation**
Defining Client-Centered Parts Therapy; Explain Parts Therapy to the Client; Deepen Appropriately; Establish a Safe Place; Establish (or Confirm) Finger Responses; Verify Hypnotic Depth
- **The 11-Step Process**
An in-depth presentation of each of the 11 steps of the entire parts therapy process, potential detours and how to deal with them
- **Role Play Exercises for each of the 11 steps**
- **Concluding the Session**
Giving Additional Suggestions and/or Guided Imagery; Concluding the Session, wrap-up
- **Supervised Practice Sessions**
Break-away sessions, followed by group discussion of challenges encountered
- **Potential Pitfalls and Other Concerns**
Advance Explanation Not Given; Assuming Command and Giving Orders; Calling Out Too Many Parts; Casting Out Parts (Exorcism); Creating New Parts; Freezing or Immobilizing a Part; Getting Sidetracked; Multiple Personality Disorder; Alleged Entities; Skipping Steps; Taking Sides with the Dominant Part; Other Concerns
- **Demonstrations and/or role play exercises (as time permits)**

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Dr. Puja Taneja Malhotra, PhD., Clinical Hypnotherapist, NLP

ABOUT the coordinator...

Dr. Puja Taneja Malhotra is trained in Hypnotherapy, Neuro Linguistic Programming and Dance therapy. She is also trained in REBT for Anger management and uses relaxation and releasing techniques, as well as art based therapies.

She's been working as a Consultant for more than 7 years and has designed and conducted programs / trainings containing special modules on Hypnotherapy, Hypnobirthing, Health & Lifestyle management, Emotional Empowerment, Stress Management, Anger Management, Interpersonal Relationships, and Goal clarity.

Her forte has been developing techniques which enable people to heal themselves (physically and psychologically) using the power of their mind (through meditation & relaxation techniques) and empowering people to utilize emotions as their core strength.

Professional Qualification

- Clinical Hypnotherapy (Ericsonian Hypnotherapy), 2008, American Board of Hypnotherapy
- Practitioner of Neuro Linguistic Programming, 2008, American Board of NLP
- Dance Therapy, 2007, Tripura Kashyup (Dance Therapist), Delhi
- Psychological Counselling 2001, Christian Counselling centre, Vellore
- Cognitive Behavioural Approaches to Anger Management, 2001, by Prof. Howard Kassinove, Chairman, Department of Psychology, Hofstra University, New York, USA